

**DWD AUSTRALIA**  
**DAY 1, MARCH 5, 2003**  
**DEBRIEF**

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AJR: Ok, the first night of DWD in Gold Coast here. What day of the week is this?

?: Wednesday

AJR: Wednesday the fifth of March 2003.

?: It was a 20.

AJR: **Definitely a 20.** It started out slow. They were just f---ing dead as doorknobs. I know, it's f---ing bizarre. Cause I don't think they're going but they're going but I have to work my ass to get them going. They were very slow. I teased them about it, pushed them.

**First of all I acknowledged [REDACTED] It's the first time we've done an event like this where the whole day he was absolutely on top of it.** He didn't miss any cues. I gave him one correction that wasn't a bad correction it was just, I get him to save Nickel Back and not do it during a negative piece because it's a positive song. But that was minor. He could have played it and it still would have been fine. I really, really, want to acknowledge him and call him tonight and thank him. Because it gave me the capacity to be able to focus on the audience instead of focus on the music which is fantastic.

Earlier in the day, early in the night, content was great. It was a very different state. **The room also frankly is just a terrible f---ing room but I don't know that we have another choice here.** When that convention center gets open we ought to look at the possibility of it. Cause the room is dark and dingy and I forgot about it. It was the same thing last year. Something about all that brown and dark that just brings the energy down.

The bottom line is, got 'em. I like the syntax of what I did, it was different than what I planned as usual, upfront. And I don't even remember all the content pieces. I want to get a transcript of it though because I put a lot of pieces in there that would relate directly to the Emotional Fitness Book in terms of sequencing that, you know I got The Model of the World in quicker. I like the way that I shaped it. I had a couple of phrases and I was saying them. I was thinking, oh f---, this is perfect for the book but right now frankly they escape me so we'll get a transcript and kind of highlight some of those phrases. Pam (inaudible) some of the Creative members have been to enough events would probably see content that would stand out. I'd mark that a lot and have them mark things.

I got across the whole concept, early on in a slightly different way about knowing yourself and being yourself. I don't know, again I can't remember the syntax right now because there's so many different pieces in my head going on right now. But all I know is I really liked it. I liked what I did at DWD PS felt outstanding, it was just more enjoyable but I think part of it is the room is so much brighter. It's just that it's a very different experience. Going in this room is very dingy feeling. And I liked what I did, playfully

They had all these needles in her, pumping her stomach trying to do everything they could to make her survive and she did. It was pretty severe.

Anyway, long story short, she told me about the relationship so thinking ok, what do you do with this woman, I don't know what the reality is. I'm looking for the reality within her of what she would do. I said, you know if we work things out with him, at some point I just said, let's get him on the phone. I said we got a phone message back there and people all kind of freaked. You could just feel the whole room change when I said this. There was all this tension about it. Then he wasn't reachable but I realized he was in the Gold Coast so I said great we'll get him down here in person. Get him on the phone. So I worked with her a little bit and then what I did is I played with the audience because the audience was in a position, there was so much tension in the audience. When I was having this discussion with her before he was there and there, it was earlier because I done this thing on the levels of consciousness and I talked about how important it is to take care of the lower levels, where we are as a society, we won't f---ing survive if we don't take care of them. So a little bit of a heavy.

Then we had a stretch break, everything was great and the energy was back at that level even more intense so I decided to play with the audience so I said, what are you guys feeling? So I went around the room and I found this one woman who, she was crying, she started to talk and she started to cry about her father left her when she was 7 and rejected her and this man had raped her and I said the truth which no one would say is she's f---ing using all this stuff to try and control men and that is complete horseshit. But it did happen but this, I handled it in a way that was so elegant. I was direct, I cut her off but it was warm, it was fantastic.

Then I processed some other guy. Several people talked about like this one woman got all excited like this is like real, this is like the real stuff. While you're in the seminar now the real things going to happen. It was really fascinating these people had mindsets that this is one world then the outside world they're going to is a different one. Like one guy said we're in training in here and then we go out there. I said then let's bring out there in here. I said but I think in here is out there if you're smart.

So I did therapeutic work on another woman who was suicidal who had been hospitalized also and everything else. Her husband had left and wanted to have another woman live with them and their kids because the other woman gave him variety and significance and this woman was completely shut down. Total, not an ounce of energy. Just a dark cloud. So I got her to own in the end that she needs....she was so heavy, so dead and she was talking about, she's the one that went with drugs also. She was like at the edge at the hospital, they got her to come back. She was like so enraged. Like how could a man like this do this to me and how

somebody said he was twenty minutes away, so I said "Okay," I said, "Get over here." He said, "Well, uh, you know, I gotta get off work later today, and I've got to go take a shower." And I said "F—k the shower." I said "Leave work f—kin now." He goes, "Well I can't do that." I said, "Leave work right f—ing now. Your marriage is on the line. Am I wrong? Or is your marriage on the line?" He goes, "Oh, yeah, yeah mate. My marriage is on the line." I said, "Then tell them your f—ing leaving work, and get your f—ing a—over here now. I'll see you in twenty minutes." And he's like, "Uh, OK." And when I hung up the phone, it was like, the energy in the room was so explosive.

So then he comes over and it was just really, really, I did the other therapy in between. A couple therapies in between. That young girl who was manipulating her past pain, and what's so great is, you know, I know [Sounds like, "that everyone in the room may be pissed at me"] for negating that, so I mind read what they'd be pissed off about, and I still told the truth, that she's manipulating it. I don't support anybody f—ing raping her or taking advantage of her, but I don't support her in f—ing manipulating herself, men, and other people by trying to use that tool when it's really not the primary experience of her life now. So I handled her, then I did the other woman, and got her to forgive, own, change, all the things I've already dictated how I did that. And then he shows up, holy f—. I mean that was, that was extraordinary because he shows up, and the energy of the room was so great when he came to the front of the room. That's when I acknowledged him and asked him why, and I already dictated this piece. I'm remembering now. About, you know, he said, "Well I think they want me to feel good. They want me to be comfortable. They know I have something to say, and they want me to feel comfortable saying it." I said, "I think that's because they respect you for coming here." And then the whole f—ing room just went exploded.

SR: Wild.

TR: They stood up in standing ovation, and you could just see him pulling it in, and I kept the energy going, and I just, again, the mindset was, in a beat down state, he will not make the right choices. In a beat down state, he will not have the resources to change this. I've got to build this man up. I had to challenge his a—to get him there, build him up once he's there, and then challenge him at the appropriate moments, but first show understanding. And I very deliberately stood in front of him while I had everybody clapping, and looked in his eyes, and smiled, so he would anchor that I was supportive of him, and I was an ally. And so then he was willing to open up. So I asked him these questions and found out how he used to be so intense, and how he adapted because she was scared, and she had been abused by her past husband, and he became something he's not. Then I got her to acknowledge that she was turned on by that aspect of him, and actually wanted him to be more intense, but never told him, and then she pretended she didn't want more because she thought that's not what he wanted. So it became the perfect example of